

The Ohio State University
College of Education and Human Ecology – School of Physical Activity and Educational Services
Approved by Colleges of the Arts and Sciences

Coaching Education Minor (Educ, 342)

Physical Activity and Educational Services
A100 PE Building, 305 W. 17th Ave
Columbus, OH 43210; 614-292-6787
<http://ehe.osu.edu/paes/>

*After an adviser in the School of Physical Activity & Educational Services-Office of Student & Alumni Services has approved the Minor Program Form, you must file the form with your college.

There is a significant need for qualified coaches for children and youth sports programs. The Institute for the Study of Youth Sports estimates that 40 million youth participate in sports annually. Over 4 million adults serve as volunteer coaches. It is not unusual for schools, community agencies, and religious groups to seek competent persons to coach their children. All of these same organizations desire assistance with administration of their sport programs.

Thus, there is the need to develop competent coaches and administrators of these sports programs. Many students across campus express interest in coaching and coaching classes. Many students volunteer to coach while in college, yet they have little exposure to coaching education. Too often these “coaches” continue coaching patterns that are uninformed by advances in knowledge about quality coaching practices. They are also uninformed about the developmental and educational needs of those being coached.

The coaching minor is comprised of core courses and electives. Students who choose the minor have the choice to focus on the coaching and administration of youth and adolescent sports and are exposed to the knowledge and content needed to coach or organize an effective sports program. The minor emphasizes theories and basics of coaching, and administration of youth and adolescent sports programs. The minor requires a total of 27-33 credit hours (not including prerequisite requirements).

Core Courses (22-24 credit hours)

EDU PAES 262 (3) Coaching the Young Athlete
EDU PAES 380 (4) Exercise Physiology and Sport
EDU PAES 381 (1) Introduction to Exercise Physiology Laboratory (accompanies 380)
Performance (EEOB 232 is a prerequisite)
EDU PAES 643 (4) Coaching Effectiveness (262 is a prerequisite)
Athletic Training 661 (4) Survey of Sports Medicine
EDU PAES 489.05 (6-8) Interscholastic Coaching Field Experiences (EDU PAES 643 and ATH TRANG 661 are prerequisites)

Elective Courses – Select 2 courses from the following:

EDU PAES 245 (3) Sport and Recreation Leadership
EDU PAES 360 (3) Kinesiology
EDU PAES 361 (1) Kinesiology Laboratory (accompanies 360)
EDU PAES 509 (3) Sport and Leisure Service Delivery and Promotion

EDU PAES 545 (3) Programming in Sport and Recreation (245 is a prerequisite)
EDU PAES 542 (5) Lifespan Motor Development
EDU PAES 607 (4) Legal Aspects of Sport and Physical Activity
EDU PAES 657 (2) Sport and Disability
EDU PAES 758 (3) Management in Leisure Programs (245 and 545 are prerequisites)

Coaching Education minor program guidelines

The following guidelines govern this minor.

Required for graduation No

Credit hours required A minimum of 27-33

Transfer credit hours allowed A maximum of 10

Overlap with the GEC Permitted

Overlap with the major Not allowed and

- The minor must be in a different subject than the major.
- The same courses cannot count on the minor and on the major.

Overlap between minors Each minor completed must contain 20 unique hours.

Grades required

- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative point-hour ratio required for the minor.
- Course work graded Pass/Non-Pass cannot count on the minor.

Approval required The minor program description sheet indicates if the minor course work must be approved by:
• The academic unit offering the minor

Filing the minor program form

The minor program form must be filed after an adviser in the School of Physical Activity & Educational Services-Office of Student & Alumni Services has approved the Minor Program Form, you must file the form with your college.

Changing the minor Once the minor program is filed in the college office, any changes must be approved by:
• The academic unit offering the minor