The study of aging is an interdisciplinary field focusing on the health and well-being of older adults and their families. According to the US Bureau of the Census, the older population—persons 65 years or older—numbered 40.3 million in 2010. They represented 13% of the U.S. population, about one in every eight Americans. By 2030, there will be about 72.1 million older persons. The population 65+ is expected to grow to be 19% of the population by 2030. In Ohio, 1.5 million people are age 65 and over, and Ohio has the 7th largest older population in the nation.

This minor prepares undergraduate students to pursue graduate opportunities in fields with an aging focus, such as medicine, health and rehabilitation sciences, nursing, pharmacy, psychology, social work, consumer sciences, speech and hearing, anthropology, and sociology. The minor also positions students well to enter the workforce in jobs engaged with the elderly. It is expected that there will be an increasing need for individuals with this more specialized knowledge base in the workforce.

The minor in aging requires a minimum of 14 credit hours in core aging courses and in related courses drawn from several departments. All students must take HTHRHS 4600S, Health After Mid-Life, and at least two courses chosen from the core courses and 2-3 from the additional courses listed below, for a total of at least 14 credit hours.

Once the aging minor program coordinator (or the coordinator’s designee) has approved the Minor Program Form, you should file the form with your college or school counselor. For further information about the minor program, contact the Health Sciences Program.

*Some courses in this minor may have pre-requisites. Please consult the course bulletin before enrolling in courses.

### Required course
HTHRHS 4600S Health After Mid-Life (3 credits)

### Core Courses (Students are to take 2 out of the 5 courses)
- HDFS 5430 Adult Development and Aging (3 credits)
- Anthropology 5645 Biology of Senescence (4 credits) OR Anthropology 5642 Growth, Development & Aging (4 credits)
- Psychology 4552 Psychology of Adult Years (3 credits) OR Psychology 4597.01 Psychology of Aging and Health (3 credits)

### Additional courses
- HTHRHS 5610 Death, Loss, and Grief in Multiple Perspectives (2)
- HTHRHS 5650 Aging and Public Policy (3 credits)
- HTHRHS 5660 Long Term Caring in the Continuum (4 credits)
- HTHRHS 5600 Global Aging (2)
- HTHRHS 5620 Aging, Accessibility, and Design (3)
- Psych 3340 Introduction to lifespan developmental psychology (3)
- Social Work 5009 Family Caregiving: Contemporary Issues, Programs, and Policies (3)
- Social Work 5010 Women and Aging: International Perspective (2)
- Social Work 5011 Loss and Grief: A social work practice perspective (2)

### Aging minor program guidelines

#### Required for graduation
No

#### Credit hours required
A minimum of 14 credit hrs. 1000 level courses shall not be counted toward the 14 credit hr minimum.

#### Transfer credit hours allowed
A maximum of 6

#### Overlap with the GE
Permitted

#### Overlap with the major
Not allowed and
- The minor must be in a different subject than the major.
- The same courses cannot count on the minor and on the major.

#### Overlap between minors
Each minor completed must contain 14 unique hours.

#### Grades required
- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative point-hour ratio required for the minor.

#### Minor Approval
The minor program description sheet indicates if the minor course work must be approved by the academic unit offering the minor.

#### Filing the minor program form
The minor program form must be filed by the beginning of the junior year.

#### Changing the minor
Once the minor program is filed in the college office, any changes must be approved by the student's academic advisor.