The Ohio State University  
College of Education and Human Ecology  
Coaching Education Minor (COACHED-MN)

Department of Human Sciences  
Undergraduate Student Services  
A100 PE Building, 305 W. 17th Ave Columbus, OH 43210;  
614-292-9261  http://ehe.osu.edu/

There is a significant need for qualified coaches for  
children and youth sports programs. The Institute for  
the Study of Youth Sports estimates that 40 million  
youth participate in sports annually. Over 4 million  
adults serve as volunteer coaches. It is not unusual for  
schools, community agencies, and religious groups to  
seek competent persons to coach their children. All of  
these organizations need assistance with the  
administration of their sport programs.

Thus, there is the need to develop competent  
coaches and administrators of these sports programs. Many students across campus express interest in  
coaching and coaching classes, and many students do  
coach while in college; however, they have little  
exposure to coaching education. Too often these  
“coaches” continue coaching patterns that are  
uninformed by advances in knowledge about quality  
coaching practices. They are also uninformed about  
developmental and educational needs of those  
being coached.

The coaching minor is comprised of core courses  
electives. Students who choose the minor focus  
on the coaching and administration of youth and  
adolescent sports and are exposed to the knowledge  
and content needed to coach or organize an effective  
sports program. The minor emphasizes theories and  
basics of coaching and administration of youth and  
adolescent sport programs. The minor requires 18 credit  
hours.

After an advisor in EHE Undergraduate Student Services  
has approved the Minor Program Form, please return it to  
your college of enrollment so it can be added to your  
program. No variations in the program are allowed.

Students preparing for a career in coaching are strongly  
encouraged to obtain CPR and First Aid Certification.

Core Courses (15 credits)  
KNPE 2201 (3) Concepts of Wellness and Fitness  
KNPE 2262 (3) Coaching the Young Athlete  
KNPE 5643 (3) Coaching Effectiveness  
KNPE 4489.05 (3) Advanced Field Experience:  
Interscholastic Coaching (pre-req or concur: KNPE 4643)  
KNPE 5521 (3) Qualitative Skill Analysis

Industry  
Elective Courses (select one, 3 credits) :  
HTHRHC 5550 (3) Survey of Sports Medicine  
KNSISM 4245 (3) Leadership & Programming in Sports  
KNSISM 4509 (3) Sport & Leisure Service Delivery &  
Promotion  
KNPE 2542 (3) Lifespan Motor Development  
KNSISM 4607 (3) Legal Aspects of Sport  
KNPE 5657 (3) Sport & Disability

Coaching Education minor program guidelines  
The following guidelines govern this minor:

Required for graduation No

Credit hours required: A minimum of 18 credit hours. 1000-  
level courses shall not be counted in the minor. At least 6  
credit hrs must be upper-level hours as defined by the  
College of Education and Human Ecology.

Transfer and EM credit hours allowed A student is permitted  
to count up to 6 total hours of transfer credit and/or credit by  
examination toward the minor.

Overlap with the GE A student is permitted to overlap up to 6  
credit hours between the GE and the minor.

Overlap with the major and additional minor(s)  
• The minor must be in a different subject than the major.  
• The minor must contain a minimum of 12 hours distinct  
from the major and/or additional minor(s).

Grades required  
• Minimum C- for a course to be listed on the minor.  
• Minimum 2.00 cumulative point-hour ratio required for the  
minor.  
• Course work graded Pass/Non-Pass cannot count on the  
minor.  
• No more than 3 credit hours of coursework graded  
Satisfactory/Unsatisfactory may count toward the minor.

Minimum 193 credits No more than 3 credit hours.

Minor approval: Early declaration of the minor and early  
consultation with the academic program coordinator in the  
College of Education and Human Ecology to discuss course  
choices is highly encouraged.

Filing the minor program form The minor program form must  
be filed at least by the time the graduation application is  
submitted to a college/school counselor. Early declaration is  
highly encouraged.

Changing the minor Once the minor program is filed in the  
college office, any changes must be approved by the  
amademic program coordinator in the College of Education  
and Human Ecology.