The Ohio State University  
College of Education and Human Ecology  
Human Nutrition (HUMNTR-MN)

Completion of the undergraduate Human Nutrition minor could benefit students interested in pursuing careers in food, fitness, hospitality, business, education, nursing and other health-related professions.

The minor in human nutrition consists of a minimum of 15 credit hours and is designed to provide the student with an introduction to the area of human nutrition. The minor is composed of the following courses:

### Required Courses (7-8 credits):
- **HUMNTR 2410** Science of Human Nutrition (4) OR **HUMNTR 2310** Fundamentals of Nutrition (3) OR **HUMNTR 2210** Science of Human Nutrition (3) (Prereq: BIO 1113 or 1101 and CHEM 1210 or 1610 or 1910H and CHEM 1220, or 1620, or 1920H or 1250)
- **HUMNTR 3506** Nutrition across the Life Span (3) (Prereq: 2210 or 2310)
- **HUMNTR 2295** Careers in Nutrition (1)

### Elective Courses (Choose 7-8 credits) at least 3 credits must be 3000-level or higher:
- **HUMNTR 2314** Fundamentals of Food (3) (Prereq: 2210 or 2310 and Human Nutrition major or minor)  
- **HUMNTR 2450** Foodservice Sanitation and Safety (1)  
- **HUMNTR 3704** Public Health Nutrition (2) (Prereq: 2210 or 2310)  
- **HUMNTR 3313** Food in Different Cultures (2) (Prereq: 2210 or 2310)  
- **HUMNTR 3415** Global Nutrition Issues (2) (Prereq: 2210 or 2310)  
- **HUMNTR 3780H** Research Methods in Nutrition (1)  
- **HUMNTR 3998** Undergraduate Research in Human Nutrition (repeatable) (1-2)  
- **HUMNTR 4504** Nutrition Education and Behavior Change (3) (Prereq: 2210 or 2310)  
- **HUMNTR 4609** Macronutrient Metabolism (3) (Prereq: C- of above in 2310; and BIOCHEM 2210 and CHEM 2310, or BIOCHEM 4511, or MOLBIOC 3311 and 3312; and EEOB 2520 or PHYSIO 3200)  
- **HUMNTR 4610** Micronutrient & Phytochemical Metabolism (3) (Prereq: 4609 and C- of higher in 2310 and Human Nutrition major)  
- **HUMNTR 5100** Integrating Nutrition into the Contemporary Marketplace (Prereq: 2210 or 2310 or 2410 and 2295)  
- **HUMNTR 5705** Nutrition and Physical Performance (2) (Prereq: 4609)