The Physical Activity Specialist minor consists of a minimum of 18 semester hours and is designed to equip students with essential skills to work with preschoolers, children, and youth in physical activity settings. You must take the required courses listed below; no variations in the programs are allowed.

Students preparing for a career as a physical activity specialist are strongly encouraged to obtain CPR and First Aid Certification

**Pre-requisites (1 course; 3CH):**
- KNPE 2201 Concepts of Fitness and Wellness (3)

**Core Courses (4 courses; 12 CH)**
- KNPE 2542 Lifespan Motor Development (3)
- KNPE 2601 Teaching Physical Education, Leisure and Exercise (3)
- KNPE 5544 Introduction to Adapted Physical Activity (3)
- KNPE 4191 Sports Coaching and Recreation Internship (3)

**Elective Courses (2 courses; 6 CH)**
Select two from the following:
- SOCWORK 2110 Sport and Positive Youth Development (3)
- COMLDR 3330 Program Development and Evaluation (3)
- KNPE 5795 Sociocultural Issues in Sport, Recreation and Physical Education (3)
- KNPE 5521 Skill Analysis (3)
- KNPE 5657 Sport and Disability (3)
- KNPE 2307 Adventure Based Learning (3)

**Physical Activity Specialist minor program guidelines**

**Credit hours required**  A minimum of 18 credit hrs. 1000 level courses shall not be counted in the minor. At least 6 credit hrs must be upper-level courses as defined by the College of Education and Human Ecology (3000 level or higher).

**Transfer and EM credit hours allowed**  A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination.

**Overlap with the GE**  A student is permitted to overlap up to 6 credit hours between the GE and the minor.

**Overlap with the major and additional minor(s)**
- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

**Grades required**
- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative GPA for all minor course work
- Course work graded Pass/Non-Pass cannot count on the minor.
- No more than 3 credit hours of course work graded Satisfactory/Unsatisfactory may count toward the minor

**X193 credits**  No more than 3 credit hours

**Minor approval**
Minor program approval is not required as long as there is no variation from the minor program sheet. Any variation from the minor as indicated must be approved by an EHE advisor located in A100 PAES Building (614-292-9261). A student’s primary advisor can add the minor by using the program code at the top of this program sheet.

**Filing the minor program form**
The minor program form must be filed with the student’s college/school at least by the time the graduation application is submitted to a college/school advisor.

**Changing the minor**
Once the minor program form is filed in the college office, any changes must be approved by the academic unit offering the minor.