Completion of the undergraduate Human Nutrition minor could benefit students interested in pursuing careers in food, fitness, hospitality, business, education, nursing and other health-related professions.

The minor in human nutrition consists of a minimum of 15 credit hours and is designed to provide the student with an introduction to the area of human nutrition. The minor is composed of the following courses:

**Required Courses (6 credits):**
- **HUMNTR 2210 Science of Human Nutrition (3)**
- **HUMNTR 3506 Nutrition across the Life Span (3)** (Prereq: 2210 or 2310)

Choose remaining courses (at least 9 semester hours) from the following:

- **HUMNTR 2295** Careers in Nutrition (1)
- **HUMNTR 2314** Fundamentals of Food (3) (Prereq: 2210 or 2310 and Human Nutrition major or minor)
- **HUMNTR 2450** Foodservice Sanitation and Safety (1)
- **HUMNTR 3704** Public Health Nutrition (2) (Prereq: 2210 or 2310)
- **HUMNTR 3313** Food in Different Cultures (2) (Prereq: 2210 or 2310)
- **HUMNTR 3415** Global Nutrition Issues (2) (Prereq: 2210 or 2310)
- **HUMNTR 4609** Macronutrient Metabolism (3) (Prereq: C- of above in 2310; and BIOCHEM 2210 and CHEM 2310, or BIOCHEM 4511, or MOLBIOC 3311 and 3312; and EEOB 2520 or PHYSIO 3200)
- **HUMNTR 4610** Micronutrient & Phytochemical Metabolism (3) (Prereq: 4609 and C- of higher in 2310 and Human Nutrition major)
- **HUMNTR 5705** Nutrition and Physical Performance (2) (Prereq: 4609)

**Human Nutrition minor program guidelines**

The following guidelines govern minors:

**Required for graduation No**

**Credit hours required:** A minimum of 15 credit hours. 1000-level courses shall not be counted in the minor. At least 6 credit hrs must be upper-level hours as defined by the College of Education and Human Ecology.

**Transfer and EM credit hours allowed** A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination toward the minor.

**Overlap with the GE** A student is permitted to overlap up to 6 credit hours between the GE and the minor.

**Overlap with the major and additional minor(s)**
- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

**Grades required**
- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative point-hour ratio required for the minor.
- No more than 3 credit hours of coursework graded Satisfactory/Unsatisfactory may count toward the minor.

**X193 credits** No more than 3 credit hours.

**Minor approval:** Early declaration of the minor and early consultation with the academic program coordinator in the College of Education and Human Ecology to discuss course choices is highly encouraged.

**Filing the minor program form** The minor program form must be filed at least by the time the graduation application is submitted to a college/school counselor. Early declaration is highly encouraged.

**Changing the minor** Once the minor program is filed in the college office, any changes must be approved by the academic program coordinator in the College of Education and Human Ecology.